



## Salads, Sandwiches and Paninis

### Main Salad

**£3.60**

#### Tuna Nicoise (GF)

*Tuna, tomato, egg, olive and green bean salad*

#### Grilled Mediterranean Vegetable (V / GF)

*Peppers, courgettes, aubergine, cherry tomatoes and red onion in herb oil dressing*

#### Chicken Pasta with Honey Mustard Mayo

*Chicken and fusilli pasta with rocket, tomato and cucumber in Arran mustard and honey mayonnaise*

### Side Salad

**£1.95**

**Lettuce, tomato, cucumber and red onion (V / GF)**

### House Sandwich

#### Egg Mayo and Cress (V)

**£1.65**

#### Tuna Mayo

**£2.70**

#### BLT

**£2.30**

#### Cheese Savoury (Cheddar and Onion with Mayonnaise) (V)

**£1.75**

#### Chicken and Bacon Mayo

**£2.30**

## Sandwiches - Weekly Specials

### **Hummus, Carrot and Spinach (V)**

**£1.95**

*Chickpeas, olive oil and sesame paste with carrot and spinach*

### **Falafel and Sweet Chilli (V)**

**£1.95**

*Chickpeas, cumin, chilli and coriander*

### **Chicken Tikka and Minted Salad**

**£3.00**

*Indian spices with yoghurt*

## House Panini or Toastie

**£2.95**

**Italian Chicken and Mozzarella**

**Ham and Mature Cheddar**

**Tuna Melt**

**Cheese and Red Onion (V)**

## Paninis - Weekly Specials

**£2.95**

**Roasted Pepper, Caramelised Onion and Smoked Cheese (V)**

**Meat Feast - Bacon, Chicken, Salami and Cheese**

Please note that sandwiches made with white bread contain **soya**.  
For more allergen advice, please speak to a member of catering staff or  
contact us by emailing [enjoy@napier.ac.uk](mailto:enjoy@napier.ac.uk)



# Soups, Main Dishes and Sides

## Monday

### *Soup*

#### **Lentil and Vegetable (V / GF)**

*Regular: £1.55*

*Large: £1.70*

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### *Main Dishes*

#### **Roasted Vegetable Frittata (V / GF)**

*with courgettes, peppers and onion*

**£2.50**

#### **Gnocchi (V)**

*in a roasted tomato, spinach and basil sauce*

**£2.95**

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### *Sides*

Chips (side)	£1.00
Chips (portion)	£1.60
Sweetcorn and peppers	60p
Garlic Bread	£1.00

**Meal Deal: Roasted Vegetable Frittata and chips**

**£3.00**



# Soups, Main Dishes and Sides

## Tuesday

### Soup

#### Tomato and Basil (V / GF)

Regular: £1.55

Large: £1.70

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### Main Dishes

#### Greek Lemon Chicken Skewers

with pitta bread, tzatziki (yoghurt and cucumber dip) and salad

£2.95

#### Lemon and Herb Vegetable Skewers (V)

with pitta bread, tzatziki (yoghurt and cucumber dip) and salad

£2.75

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### Sides

Potato Wedges (side)	£1.00
Potato Wedges (portion)	£1.60
Broccoli	60p
Spring Onion Rice	60p

**Meal Deal:** Chicken or Vegetable Skewers with rice  
**£3.25**



# Soups, Main Dishes and Sides

## Wednesday

### *Soup*

#### **Carrot and Coriander (V / GF)**

*Regular: £1.55*

*Large: £1.70*

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### *Main Dishes*

#### **Pork Meatballs**

*in a tomato sauce*

*£2.95*

#### **Quorn Bolognese (V / GF)**

*£2.95*

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### *Sides*

Sauté Potatoes	60p
Carrots	60p
Spaghetti	50p

**Meal Deal: Quorn Bolognese with spaghetti**  
**£3.20**



# Soups, Main Dishes and Sides

## Thursday

### *Soup*

#### **Pea and Mint (V / GF)**

*Regular: £1.55*

*Large: £1.70*

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### *Main Dishes*

#### **Beef Rogan Josh (GF)**

*Creamy tomato curry with natural yoghurt*

*£3.95*

#### **Vegetable Balti (V / GF)**

*with peppers, cauliflower, sweet potato, and aubergine*

*£2.75*

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### *Sides*

Steamed Potatoes	60p
Roasted Spiced Cauliflower	60p
Jeera Basmati Rice	60p

**Meal Deal: Beef Rogan Josh with rice**

**£4.25**



# Soups, Main Dishes and Sides

## Friday

### *Soup*

#### **Vegetable and Rice (V / GF)**

*Regular: £1.55*

*Large: £1.70*

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### *Main Dishes*

#### **Battered Haddock**

*with tartare sauce and lemon*

*£3.45*

#### **Halloumi and Ratatouille (V / GF)**

*Cheese with roasted vegetables, peppers, aubergine, courgette, onion and garlic*

*£2.95*

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### *Sides*

Chips (side)	£1.00
Chips (portion)	£1.60
Peas	60p
Quinoa	60p

**Meal Deal: Fish, Chips and Peas**  
**£4.50**