Subject Area  Digital Media Global/ Interactive Media Design/ Computer Security & Forensics/Computer Systems & Networks; Nursing

Language  Language of instruction for exchange students is English. Students are expected to have good knowledge of both written and spoken English to be able to conduct their studies in Lahti UAS.

Academic Calendar

| Semester 1 | Late August to Mid-December |
| Semester 2 | Early January to End of May |

Module Catalogue  Have a look through the module catalogue for modules available to exchange students.

Financial Support  As a UK Erasmus student, you are entitled to receive an Erasmus Grant for your time away at a participating Erasmus institution.
LAHTI, FINLAND

You might well have heard about Finland’s excellent education system, the beautiful Northern Lights and the clean and safe environment. You might also know that Santa Claus comes from Finland and so do Nokia and the Angry Birds. However, this may well be the first time you come to Finland and you might wonder what this country and its people are really like.

Finland is one of the northernmost areas in the world with a permanent population. Not only does Finland rank first overall, it’s also the best small country, the best high-income country.

Lahti is a city of beautiful nature, exciting sporting events, vibrant culture and excellent leisure time facilities. Located by the Lake Vesijärvi and close to the buzz of the capital city Helsinki it offers a stimulating and safe studying environment for both Finnish and international students.

In Lahti there is something for everyone. During the sunny spring and summer days you can enjoy an ice cream at the beautiful harbour or have a picnic at one of the city’s green parks. In the winter you can experience the joy of winter sports and cheer for the athletes at the international Lahti Ski Games.

Lahti is situated in the southern part of Finland and it is part of the Helsinki metropolitan area. Its location makes it easy to travel to the biggest cities in Finland and to the neighbouring countries. As a city it is known for its environmental expertise and for being a renowned design centre. Lahti hosts a great variety of activities throughout the year, from cultural to world class sporting events.

MORE INFO
lahti.fi
studyinlahti.fi
lamk.fi

Population 118,800
Currency Euro €
Time difference GMT+2
Lahti University of Applied Sciences (Lahti UAS) is a multi-disciplinary higher education institution which was founded in 1992. It is a regional centre of expertise with around 5,000 students of which over 400 degree students come from abroad from thirty different countries. In addition, Lahti UAS employs around 250 full-time teaching staff and dozens of part-time teachers and experts from other academic institutions as well as local and national businesses.

Bachelor’s and Master’s degree programmes at Lahti UAS have been designed to respond to the demands and development needs of business and industry. Integrative pedagogy has been adopted as the framework for developing learning in active collaboration with business, industry and other organizations – hence, the studies in working life are a major part of studies. The strategic foci are on design, environmental technology and promotion of practical innovation processes.

Lahti UAS has over 20 degree programs with over 40 specialisation lines. Three Bachelor’s and two Master’s degree programmes are taught entirely in English. Lahti UAS is located in Southern Finland, approximately 100 km from the capital Helsinki. All the education units are located within the City of Lahti, which makes studying here convenient for students.

lamk.fi
Guide for International Students
University Videos
Erasmus code  SF LAHTI 1

No of students  5,000

Style of study  Lahti UAS being a university of applied sciences also means that the approach is very practical, including less theory and more projects. The study methods at Lahti UAS support self-guided development, which creates a basis for comprehensive learning: lectures, teamwork, projects, reading assignments and essays.

Grade system

<table>
<thead>
<tr>
<th>Finnish Grade</th>
<th>ECTS Grade</th>
<th>Descriptor</th>
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</thead>
<tbody>
<tr>
<td>5</td>
<td>A/A+</td>
<td>Outstanding</td>
</tr>
<tr>
<td>4</td>
<td>A</td>
<td>Very good / Excellent</td>
</tr>
<tr>
<td>3</td>
<td>B</td>
<td>Satisfactory</td>
</tr>
<tr>
<td>2</td>
<td>B-</td>
<td>Good</td>
</tr>
<tr>
<td>1</td>
<td>C</td>
<td>Pass</td>
</tr>
<tr>
<td>0</td>
<td>D/F</td>
<td>Fail</td>
</tr>
</tbody>
</table>

Application Times

Please note that you have to apply to the exchange programme in your current year by 20 December. Applications for the host university must be submitted between April and May or September and October (depending on the Trimester), in the year following your initial application.

<table>
<thead>
<tr>
<th>Going abroad in Trimester 1</th>
<th>Initial Application Form</th>
<th>20 December (current year)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Host University’s Form</td>
<td>April – May (following year)</td>
</tr>
<tr>
<td>Going abroad in Trimester 2</td>
<td>Initial Application Form</td>
<td>20 December (current year)</td>
</tr>
<tr>
<td></td>
<td>Host University’s Form</td>
<td>September – October (following year)</td>
</tr>
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</table>
Lahti University of Applied Sciences (Lahti UAS) cooperates with the local housing organisation (Lahden Talot Oy) and have reserved rooms for the exchange students in two places; Oppilastalo and Hoitajankatu. Once you have received a confirmation about your acceptance for a student exchange at Lahti UAS, you can complete an online accommodation application in Mobility-Online.

**Transport**

Lahti has a well-functioning public transport system with buses running frequently within the city as well as from the neighbouring municipalities. As faculties of Lahti University of Applied Sciences are located in different parts of the city, some students might need to use public transport to get to their lessons. During winter this might be the most sensible option, as roads are often icy and riding a bike is not particularly safe.

Students get a 45-55% discount for bus and train travel with the Finnish student card you get by joining the student union.

OnniBus.com is a low-cost inter-city express bus service and VR operates long distance trains in Finland.

**Living Costs**

It is very important to know that the cost of living in Finland is higher than in Europe in general. Currently, it is estimated that €700/month is a realistic figure to cover living expenses.

- **Accommodation**: €250 - €450/per month
- **Food**: €200 - €320/per month
- **Coffee (regular)**: €2 - €3
- **A loaf of bread**: €1.50
- **A cinema ticket**: €12
- **Meal in a restaurant**: €10 - €35

**More on Cost of Living in Lahti**

🌐 Numbeo.com
CONTACT FOR INCOMING STUDENTS

If you’re interested in the programme or you have any queries, please contact the Edinburgh Napier University’s Global Mobility team first:

✉️ studyabroad@napier.ac.uk
📞 0131 455 4574 or 0131 455 3412
🌐 napier.ac.uk/exchanges

LAHTI UNIVERSITY OF APPLIED SCIENCES

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“The best thing about Lahti UAS would be the amazing facilities”